FAIRYTALE LOVE STORY

Jeannie D & her hunky man tell all

Next step: the house & dogs!

MINKI’S MINI-ME

Mad about motherhood – but oh, for some sleep!

WEDDING EXCLUSIVE

Tina Turner’s night of moonlight and magic

GLOBAL OUTCRY

NEW ZEALAND BOOTS OUT CHUNKY SA CHEF

Sorry, mate – you’re too fat!
I suffered one panic attack after another. I could not move or speak and needed help immediately.

Nerve Tonic came to my rescue!

For 25 years, Zena has been living with Anxiety and Panic Disorder. “Anxiety affects more people than we know. Many people are suffering.” Zena has had to learn a lot about the disorder – how it works, why it affects her and how to manage her day-to-day life with it. As a single mom, this hasn’t been easy.

“My daughter is very much like me,” Zena continues. “We handle life with a sense of humour. She teases me about my twitching and I don’t mind. It’s the way life is for us.”

“I’m not just a scaredy-cat,” Zena laughs and turns serious again. “Many years ago, I had a full-time job when I experienced my first attack. No one knew what was happening. Now I work from home to avoid that kind of situation. I recognise the signs early and always let my daughter know when I’m having ‘one of those days’ so she knows what to expect.”

One evening, Zena felt an attack start. She stuck a note outside her door for her neighbour: “If you hear any strange sounds coming from here, I’m just having a panic attack.”

“But it was one of my worst episodes. As one attack subsided, I would be left with one side of my body immobile and I would twitch terribly and struggle to speak, there is light headedness and nausea... I was having one attack after another and spent almost an entire evening and the following day experiencing a whole range of symptoms, the worst being the inability to speak and the involuntary muscle spasms.”

Zena’s neighbour checked on her a few times and eventually gave her Herbex Nerve Tonic. “She told me to take one every hour until I felt better. By the first hour, the light headedness was gone, along with the numbness/tingling, by the second dose I could talk properly and finally the spasms/twitching had stopped. By the third hour the uncontrollable dread was all but gone and after the fourth dose, the dread and sadness had disappeared.

“When you’re in that kind of state and when you actually see results, you calm down a lot faster. But that wouldn’t have happened if I hadn’t felt and seen results in the first place.

“That the tonic could actually do what it did was something else. Truly.”

Zena

Read Zena’s full story on our website.
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**SPECIAL MENTION**

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EW things are more contentious with parents than whether kids should be smacked. It seems there aren’t many lukewarm feelings on the issue.

Because of proposed new measures to make it illegal for parents to hit their children I asked parents on our staff whether they’d been physically disciplined growing up and whether they smack their own kids – and was astounded at how vociferous they became.

Almost all the staffers I canvassed had been smacked as kids – and most of them don’t believe it’s an effective form of discipline. The most vehement voice for giving parents the right to choose for themselves came from a real softie dad who’s never raised his hand against his kid!

As I’ve mentioned before, I don’t have kids, so any view I might have is academic as I have no idea how I’d respond if faced with an unruly child of my own. But I’m fascinated by our article on page 22 and believe this issue is vital to debate in light of how violent South African society is.

We spoke to celebs, most of them parents, about their take on corporal punishment. And we asked activists and psychologists about the effects. Tell us what you think.

Till next week,

GALLO IMAGES/GETTY IMAGES/IMAGE SOURCE, GREATSTOCK/CORBIS, JACQUES STANDER, ISTOCKPHOTO

I read your article about online shopping (YOU, 23 May). Being of the older generation I wouldn’t like to do my shopping from home even if I owned a computer.

It’s more fun spending time looking around shops and seeing what’s on offer. Friends meet and shop together, have lunch or tea together and chat. You could become isolated at home, especially if you work from home too.

Also, this could make an obese population even fatter. People don’t get enough exercise in SA, choosing to spend their free time watching TV, sitting at computers or fiddling with their cellphones.

MARGARET MARRS, PINETOWN

IT’S HUMILIATING

I was in my kitchen last night when I heard a torturous sound coming from the TV. It was a programme called Idols. I cringed when I watched it. The show seems to be dedicated to humiliating people.

If this is what you have to do to get ratings, it’s very sad. It’s even sadder that the judges, who seem to be educated people, are aware of the humiliation they’re putting people through.

I’d have thought there would be a screening process to save bad contestants embarrassment. You can’t earn your living at the cost of another.

THE MOUNTAIN, E-MAIL

POOR EXAMPLES

In light of the Zwelinzima Vavi sex scandal I think it’s high time adults promoted the culture of moral regeneration. It’s shocking and disgusting to see adults engaging in immoral activities such as extramarital affairs.

Some adults have become mobile universities from which youngsters learn the art of hatred, jealousy, rebellion, greed and infidelity. It’s useless to preach about honesty if our acts don’t convey...
Give children credit

I think our children are incredibly privileged to have such a cornucopia of technology at their disposal and I suspect my kids will turn out absolutely fine when all is said and done.

STEVEN, PARKVIEW

I take offence at L Kriel’s generalised views about the “lost generation” (YOU, 1 August). My son is 13, a self-confessed nerd who’s fascinated with all things technological.

It would take him years to gain the amount of knowledge from books he’s managed to get from the internet in a fraction of the time. He enjoys sharing this knowledge with whoever cares to listen and his ability to debate on many topics makes his communication skills above average.

His fascination with technology has made his dad and me curious to learn more. Flight simulation is a love he shares with his granddad. His quick wit and sense of humour ensure there’s laughter in the house and his admiration for antiquites makes his granny happy.

As far as what kind of employee he’ll make, I have no concerns. He told me last year he doesn’t want to be a sheep; he plans on being a shepherd.

Perhaps the accusation against this generation should rather be aimed at their parents. As my “Generation Z” child said to me, “Mom, the mind is like a parachute – it works best when open.”

NADINE LEIGH BENNETT, E-MAIL

Don’t be so quick to judge, dismiss or pour scorn on today’s “screen generation” or Generation Z (YOU, 18 July).

I’ve been fighting a losing battle against my son’s obsession with the family iPad. One morning I decided to watch what he got up to.

First he played a game that requires super-quick reflexes to move the main character in various directions. Then he launched a grade-appropriate educational app and spent 20 minutes alternating between spelling words and doing sums.

Then it was a colouring-in app and after that he read on the Kindle app for a bit, went back to the first game then put the iPad down and darted off to play. Nothing he did in that hour was bad for him.

Parents must ensure their children are exposed to sensible apps and that there’s balance in their day.

the value of honesty.

If we could walk the talk and live exemplary lifestyles, most social ills in our country would be a thing of the past.

NELSON KHUMALO, TEMBISA

KEEP THEM SAFE

While on my way home about two weeks ago I passed a little child, no more than two years old, standing on the side of a busy road watching cars and trucks go by.

There wasn’t an adult in sight. I simply couldn’t continue driving. I turned my car around, stopped, picked the child up and went looking for an adult.

One of the gates on the property was open. I called out and an adult came to the gate and took the child.

I pointed out the child needed to take only two steps into the road to be hit by a car and that he could lift the latch on the gate to let himself out.

Please, parents, fix your gates and be aware of your children’s whereabouts.

A child is a special gift. I couldn’t have forgiven myself if anything had happened to that child.

LYNETTE PAYNE, QUEENSBURGH

HOSPITAL HOORAY!

Recently I was involved in a serious accident in which I broke my neck and back vertebrae. I was airlifted to Chris Hani Baragwanath Hospital in Johannesburg.

Long story short, I walked eight days later and went home two weeks later. Baragwanath is absolutely outstanding!

RENAERT VORSTER, E-MAIL

BREAST IS BEST, OK!

Am I the only person who is sick of formula-feeding moms trying to compare formula with breast milk?

I mean, they can never be the same, end of story. It’s beyond me how some people choose formula knowing it’s not even close to being the best food for babies. Then when problems arise, meds get stuffed down babies’ throats to rectify problems caused by formulas and that’s acceptable?

SAMEEA KARIEM, YOU FACEBOOK

MOM’S THE WORD

As August is Women’s Month I’d like to pay tribute to the one woman I admire most – my mom.

She has always been there for me, holding my hand during high school trials and tribulations, advising me when I was unsure if I should get married, helping me raise my children and now doting on my grandchildren, the gracious great-grandmother everyone loves and cherishes.

Mom, I know you won’t be here forever but I can’t bear the thought of that. You’re a woman in a million.

MICHAELA SMITH, E-MAIL

IN BRIEF

SMS short letters to YOU at 32113. Start with the word YOU LETTERS. Each SMS costs R1; maximum characters (including spaces) 150.

In America 3 900 college students were surveyed and the finding was that casual sex isn’t good for a person’s wellbeing and leads to psychological distress (YOU, Health, 25 July). Big deal!

My grandparents told us this!

ANNA, BLOEMFONTEIN

To Maryam Charles and her grand-son Maahir (YOU, 1 August), my condolences to you and your family. Your daughter was truly a hero.

B, CAPE TOWN

Please, Proteas, whatever happened to clean-shaven? Love you boys, but please clean up.

CRICKET FAN, SMS

What a waste of the British taxpayers’ money the royals are. Now the newborn joins the gravy train. South Africans are quick to moan about our politicians but just look at the royal family.

ANTI, SMS

I love the George Clooney cover (YOU, 25 July). When I see him I always think of Nick Mallet and tell my husband Nick is SA’s George Clooney. He always has a laugh.

LYNN POTGIETER, WALVIS BAY

When will the state think of pensioners being thrown out of their homes to live on the streets? We don’t all have children to help us.

ANNE, CAPE TOWN

IN the blogosphere

Who couldn’t help go ‘aaaaah’ when the proud dad placed a protective hand on his wife’s back and called her ‘poppet’?

BLOGGERS AREN’T PRIVY TO WHAT’S NEXT FOR PEACE GEORGE

Find us at

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The way they met sounds like the stuff romantic comedies are made of and if it weren't real life you'd probably laugh it off as a far-fetched fantasy. It's a love-at-first-electric-touch story, complete with impromptu dates and passionate kisses in the middle of busy roads.

In short, it's enough to get even the most cynical of cynics believing in true love – and the fact the woman at the heart of it is one of the most loved celebs in South Africa only increases the warmth and fuzziness of it all.

"I'm so incredibly lucky," Jeannie D (30) says. "Yes, it's love. I'm in love."

It wasn't that long ago that the glamorous Top Billing presenter was pouring her heart out about her cancelled wedding and doomed romance with British businessman Jon Firth (YOU, 28 June 2012). "I felt like a failure," she told us then. "I felt embarrassed that I couldn't keep it together."

Still, she was typically optimistic about the future. "If life gives you lemons, bring out the tequila, I say!"

And her shot of the good time came in the shape of Brennan Wright, a 27-year-old model and website developer who's clearly as crazy about Jeannie as she is about him. The pair can't keep their eyes or hands off each other, as we witnessed at the recent YOU Spectacular – they're locked in their own world to such an extent you almost feel guilty trying to interrupt them.

But the tale of how they met is definitely worth butting in for. And for the first time Jeannie opens up about the man who's made her believe in love again.

YOU have to feel for the guy Jeannie was on a date with when she spotted Brennan. It was the beginning of February and she and her companion were at a club in Cape Town.

"I saw Brennan, went up to him and said, 'Hey, you go to my hairdresser'," she recalls. "He turned round, didn't say a word and just hugged me. That was me. I was done."

Flustered, she returned to her date and they moved on to another nightspot. Coincidentally Brennan arrived a short while later. "I saw him again and – well, you can't miss him. He's an Adonis."

It was as she was leaving the club with her date that she had her real-life movie moment. "I was in the taxi and suddenly the door was flung open. It was Brennan. He said, 'You're not going. And you're certainly not going with this guy.' He pulled me out and said, 'You know how you have that one moment when you meet someone and you know there's something there. This is that moment. Come with me.'"

They went for a late dinner and the following day Jeannie called him to invite him...
to the J&B Met. “She asked if I had a suit and told me I had 20 minutes to get ready,” he recalls.

After the Met they kept bumping into each other. “I was driving once and saw him in the car next to mine,” Jeannie says. “We stopped our cars and just started kissing in the middle of the road.” Brennan chips in. “Ja, then we were at the Red Hot Chili Peppers concert and out of thousands of people we saw each other. It was bizarre. It was magical though.”

They had their first official date on Valentine’s Day and haven’t looked back since.

But she can’t help herself now. “This is different to anything I’ve experienced,” she says, her voice shaky with emotion. “I can’t explain it. It’s so real. He’s the one.”

“I think the most beautiful element of our relationship is that we’re so honest with each other. And he’s fun. He’s just so fun.”

Brennan – who recently launched digit.co.za, an online student community hub – has had to adjust to the glitz and glamour of the entertainment world.

“I’ve become really good at holding her bag,” he jokes. “I don’t always understand it but it’s her career and I respect that. I guess you go through life dating girls and in the process you find out what you like and what you don’t like. Jeannie is the full package.”

She looks down shyly as her man brags about her, then tries to change the subject. “When I’m at home I’m just Jeannie,” she insists. “I’m an ordinary girl who just wants to be loved.”

Brennan isn’t finished yet though. “Jeannie’s a clever girl, hey. She’s loving and kind and giving and – let’s get shallow – she’s easy on the eye. But I love that I can hold a decent, intelligent conversation with her.”

He’s right. Jeannie is a lot more than a pretty face. She’s involved in several business ventures and plans to launch her perfume, Jeannie in a Bottle, in stores countrywide at the end of the year. She’s also launching an app, Appsolutely Jeannieous. “It’s going to be a little community where people can see what I’m up to, my fashion loves and of course fitness. Fun, fashion and fitness – that’s the focus,” she says.

That’s when she isn’t focusing on her man, of course. “This is long-term,” she says seriously. “He’s the one. This is it.”

Brennan has met her family and describes them as gracious and welcoming. “They’re Portuguese and there were a lot of men [Jeannie has three younger brothers]. I love food and I was fed, so I was happy.”

Jeannie has met Brennan’s family too – his mom over Skype, as she lives in Vancouver, Canada. “I was so nervous I cried afterwards because I knew how much it meant to him. She was lovely though – as is his dad, who looks like Kevin Costner.”


And for the umpteenth time they kiss and stare into each other’s eyes.
Luxury store Luminance has a bit of something for everyone, Khanyi Dhlomo (below) says. “You can walk in with anything from R80 to R80 000.” The 700 sq m boutique also has a coffee shop and library.

KHANYI’S EMPIRE GROWS

Her swish new boutique is attracting a lot of attention – not all of it favourable

By ASA SOKOPO

T’S A story that has people around the country talking. Khanyi Dhlomo, one of the richest, most successful women in Africa, has opened an ultra-chic, exorbitantly priced boutique in one of Joburg’s swankiest malls. But it’s the finance behind the venture, not the swish stock, that’s raising eyebrows.

Her store, Luminance, in Hyde Park Corner in Johannesburg is attracting a clientele who think nothing of splurging R2 500 on a pair of Baby Dior booties, R960 on a pink Baby Dior bib or R75 000 on a designer frock by Oscar de la Renta. Which is all well and good. But 38-year-old Khanyi qualified for a R34.1 million loan from the National Empowerment Fund (NEF) even though she is – an already successful businesswoman and one of the most powerful women in African media.

The NEF’s role is to finance and support businesses owned and managed by black entrepreneurs but some say Khanyi, founder and managing director of Ndalo Media, isn’t a candidate for black economic empowerment (BEE).

The nature of her new business venture has also put some noses out of joint. “They [the NEF] give money to the rich to sell expensive clothes to the rich?” said one tweet.

The NEF’s decision to fund the upmarket fashion store was also called into question by trade and industry minister Rob Davies, who’s called for an investigation into whether the funding was in line with the fund’s mandate. Questions have also been raised in light of the fact that the NEF suspended the funding of new projects in May due to a lack of money.

Despite the storm of criticism the head of the NEF, Pho Pholetiwe – who’s also

GOOD GOLLY!

Here’s what guests invited to the store’s launch found in their goodie bags:

- Tom Ford Noir perfume retailing at R1 319
- Diptyque scented candle which costs R593
- Giorgio Armani business card holder worth R2 407
Luminance officially opened its elegant doors on 25 July
stocked with every high-end fashion and beauty brand you
you can think of, some of them previously not available in SA. The plush
700 sq m boutique department store boasts international designers such as
Givenchy, Stella McCartney, Giorgio Armani, Red Valentino, Manolo Blah-
nik and Tom Ford.

You’ll also find local designers such as
Stoned Cherrie, David Tlale, Marianne
Fassler and KLûK CGDT. Guests at the
store’s launch on 24 July included Gauteng
premier Nomvula Mokonyane, Phlisiwe
and Nati Mthethwa, businesswoman and
former Miss SA Basetsana Kumalo and hus-
band Romeo, TV presenter Leanne Manas,
musician Danny K and actress Boity Thulo.

“With superb customer service and luxu-
rious packaging, we perfect the art of living
life beautifully right down to the last detail,”
the Luminance website reads.

More Luminance stores are set to open
across the country and an online store will
be up and running by February next year.

Luminance is owned by Khanyi, her
mom, Venetia Dhlomo, and South Africa’s
fifth-richest woman, businesswoman Dr
Judy Dlamini, who’s estimated to be worth
R124 million, according to the Rich List
compiled by research company Intellidex.

Judy is married to Siwe Nxasana, CEO of
banking giant FirstRand Limited. Judy,
Khanyi and her mom contributed R15 mill-
ion to Luminance.

Khanyi and Venetia own a whopping 65
per cent of Ndalo Luxury Ventures – the
Luminance holding company – while Judy’s
family trust, Nondula Investments, owns a
15 per cent stake. The balance is owned by
two trusts which have 10 per cent each –
one for staff of Ndalo Luxury Ventures and
Ndalo Media and the other for rural wom-
en entrepreneurs in KwaZulu-Natal and the
Western Cape.

Khanyi told Talk 702’s John
Robbie she was disappointed at the reaction
her luxury goods store has received. “Much
of the anger comes from a lack of informa-
tion about what processes were followed . . .
Naturally if you hear a description that talks
about that kind of money next to a descrip-
tion about a boutique in Hyde Park, it will
cause anger . . . There’s far more to it than
that,” she said.

“It’s also a boutique that has empowered
many young women and youth who are
working in environments they would other-
wise not have been exposed to.”

She added being turned down by banks
shows they don’t help start-ups and untried
business models. “Historically it’s very dif-
ficult for women, particularly black women,
to raise money through banks. That’s why
organisations such as the NEF have been set
up by government. But that said it doesn’t
mean the NEF blindly jumped into some-
thing that is risky. They funded it because
we met many of the criteria.”

K

HANYI comes from a wealthy
KwaZulu-Natal family, and
business acumen clearly runs in
the family. Her father, Oscar
Dhlomo, was the founder of Dynamo In-
vestments and also served on the boards of
Standard Bank, Rembrandt, Safmarine and
Shell SA.

After obtaining a BA in communication
and industrial psychology from the Univer-
sity of South Africa, Khanyi charmed view-
ers as a newreader on SABC1. Within two
years, at the age of 22, she was the editor of
True Love magazine, doubling its circulation
and turning it into one of the biggest-selling
women’s glossies in South Africa.

After eight years at its helm, Khanyi –
who divorced dentist Dr Sithembiso
Mkhize, the father of her two sons, in 2003
– left True Love for Paris, France, to take up
the position of manager of South Africa’s
Tourism Board. During her time there she
was romantically linked to IT billionaire
Mark Shuttleworth, although both denied
it was anything more than friendship.

She found love again with Nigerian-
American businessman Chinezi Chijioke,
whom she met while studying towards an
MBA at Harvard Business School, and they
married in December 2009.

Soon after her return to SA Khanyi
founded Ndalo Media, a 50/50 joint venture
with Media24. Ndalo Media publishes
high-end magazines Destiny and Destiny
Man and recently took over SAA’s in-flight
magazine, Sawubona, so the foundation of
Khanyi’s media empire is firmly in place.

Now her foray into luxury goods for the
well heeled might just lay the foundations
of a retail empire too.

K

Luminance

by numbers

86
The number of luxury brands
available at the store

The cost of the
Oscar de la Renta
dress worn by
Bonang Matheba
at the launch

51
The number of staff

The average number
of applications
each year for NEF
finance

The number
of jobs created by
the NEF through
its funding since
2005

The smallest
loan amount
paid out

The highest
loan amount
paid out

Nationals

Empowerment

Fund

CEO Phlisiwe

Mthethwa and her

husband, police minister

Nathi

Mthethwa, at the store’s
c

official opening.

Khanyi
d

2000

40 000

R250 000

R75 m

EXTRA SOURCES: LUMINANCEONLINE.COM, FORBES.COM, NEFCORP.CO.ZA, NEWS24.CO.ZA, BDLIVE.CO.ZA, SUNDAY TIMES, MAIL & GUARDIAN

NEF BY NUMBERS

R80 000

R2.7 billion

R11 000

R1.5 billion

R20 000

R450 million

R150

R60 000

R90 000

R36.2 million

R50 million

R40 million

MORE ABOUT THE NEF

• It’s been around since 2005 when
it received R2,4 billion from the gov-
ernment.

• More than R3,6 billion has been lent
to 417 companies since 2005.

• The main criteria for funding include
commercial viability and a minimum
of 50,1 per cent black ownership. The
venture must also create a reasonable
number of jobs and be able to repay
NEF funding.

• Loan repayment periods vary from
four to 10 years and depend on the type
of funding received. Khanyi’s funding
falls under New Ventures Finance and
she has to repay it over five years.

Other businesses funded by the NEF

PowerFM (Ndalo Media owns an eight per
cent stake) – R36,2 million

TopTV – R100 million

Long Walk to Freedom (film) – R50 million

Just On Cosmetics – R50 million

On Digital Media – R40 million

You.co.za 15 August 2013 | 9
Minki and Ernst introduce their angelic baby Katerien. But don’t be fooled by her serene pose – seems she has a good set of lungs.