

JANUARY 2019

MAKING BETTER MEN

# Men's Health

## CRUSH THE NEW YEAR!

- ✓ WEALTH
- ✓ STYLE
- ✓ TECH
- ✓ DRINKS
- ✗ STRESS

**LOSE WEIGHT FOREVER!**  
The Latest Fat-loss Science

**BUILD A BIGGER CHEST**  
8 Moves for Max Muscle

**LISTEN FOR BETTER GAINS**  
50 Best Fitness & Health Podcasts

*Plus!*  
**GREATEST SURFER OF ALL TIME: KELLY SLATER**

THE *MH* COVER GUY  
AARON BARNES

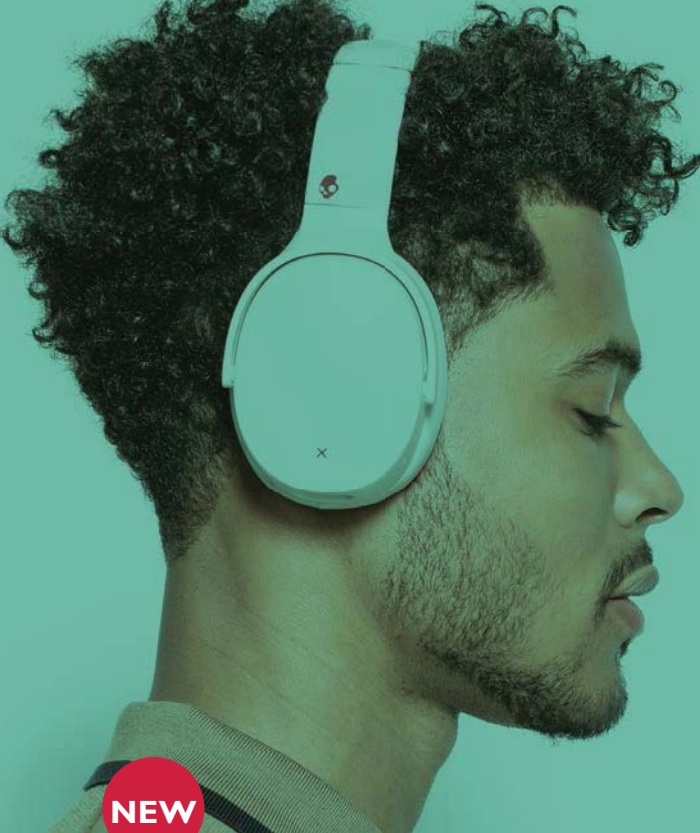
# START STRONG

**KICKSTART THE BEST YEAR OF YOUR LIFE**

**R52.50**  
(VAT INCL)  
Namibia: N\$55.00



# WHEREVER THE MUSIC



**NEW**



**Skullcandy**  
**VENUE BLUETOOTH®  
WIRELESS HEADPHONES**

- Active noise cancelling
- 24-hr battery life
- Monitor mode
- Activate assistant

**2999<sup>95</sup>**

**NEW**



**SONY**  
**SRS-XB41 PORTABLE  
BLUETOOTH®  
WIRELESS SPEAKER**

- EXTRA BASS™ sound with LIVE SOUND mode
- Built-in grip and sound effects
- IP67 waterproof and dustproof
- Up to 24 hrs' battery life

**3999<sup>95</sup>**  
ALSO AVAILABLE IN RED & BLUE



**ROMOSS™**  
**ROCKET PRO CAR CHARGER**  
• Qualcomm Quick Charge 3.0

**169<sup>95</sup>**



**ROMOSS™**  
**SKINNY 10000mAh  
POWER BANK**

**399<sup>95</sup>**

**ROMOSS™**  
**FREEMOSS 5000mAh  
WIRELESS CHARGING  
POWER BANK**

**539<sup>95</sup>**



**ROMOSS™**  
**SOLO6 16000mAh  
POWER BANK**

**399<sup>95</sup>**



**pure acoustics®**  
**SBW 285 SOUND BAR  
WITH WIRELESS SUB**

**1999<sup>95</sup>**



RCS Card accepted at Musica stores

AVAILABLE AT SELECTED STORES.

NEED HELP? CONTACT OUR FRIENDLY CALL CENTRE ON 0860 254 257. MONDAYS TO FRIDAYS 08:00 - 17:30, SATURDAYS 08:00 - 13:00.

STOCK AVAILABILITY SUBJECT TO CHANGE. ALL PRICES INCLUSIVE OF VAT AND CORRECT AT TIME OF GOING TO PRESS.

ERRORS AND OMISSIONS EXCLUDED. OFFERS VALID WHILE STOCKS LAST. NO CLUBCARD POINTS EARNED ON GIFT CARD PURCHASES.



# YOU GO, TAKE WITH YOU



## SILENCO BLUETOOTH® WIRELESS HEADPHONES

- Active noise cancelling
- Explosive bass
- Walk and talk
- Includes carry case

**999<sup>95</sup>**



**NEW**



## RIFF HEADPHONES

- Up to 12 hrs' of battery life
- Collapsible, flat-folding design
- Built-in microphone

**999<sup>95</sup>**

ALSO AVAILABLE IN BLACK & SUNSET BLUE



## JVC HA-ET90BT BLUETOOTH® SPORT EARPHONES

- Secure fit with 3-point support
- Water- & sweat-proof (IPX5)
- 9-hr battery life
- Portable charging case

**2499<sup>95</sup>**

ALSO AVAILABLE IN YELLOW



## INKD 2.0 BLUETOOTH® EARPHONES

- 8-hr battery life
- Lightweight design
- Microphone
- Call, track and volume control

**699<sup>95</sup>**

ALSO AVAILABLE IN BLACK



## CX BLUETOOTH® SPORT EARPHONES

- 6-hr battery life
- Sweat and splash resistant
- 2-year warranty

**2399<sup>95</sup>**

**NEW**

## SONY WH-1000X M3 BLUETOOTH® WIRELESS HEADPHONES

**6499<sup>95</sup>**



- HD noise cancelling processor QN1
- Smart listening by adaptive sound control
- High-quality audio with DSEE HX™ and LDAC

MUSICA  
BE ENTERTAINED

